

## **Contraceptive Services**

**All the doctors and nurses** can provide contraceptive advice and prescriptions. If you are on the oral contraceptive please remember to book into see us before you run out.

2 partners are experienced in fitting the IUCD (Intra uterine contraceptive device):

Dr Elizabeth Sellen

Dr Cheryl Metcalfe

Please make an appointment with one of these doctors if you require an IUCD.

### **THE EMERGENCY CONTRACEPTIVE PILL**

Emergency pills are given as a single tablet, to be taken as soon as possible after unprotected sex. You can get the emergency pill free from:

- any contraception clinic
- any young person's clinic
- any sexual health clinic,
- NHS walk-in centres
- most GP practices,
- some genitourinary medicine (GUM) clinics,
- some pharmacies, and
- some hospital accident and emergency departments.

You can buy the emergency pill from most pharmacies if you are aged 16 or over. Prices can vary, but it should cost around £26. A number of community pharmacists can also prescribe it free of charge to those who are under 18 years of age, including teenagers who are under 16.